

# ANNUAL REPORT

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# 2024

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# MESSAGE FROM OUR LEADER

Care for Life's vision to **instill hope, promote self-reliance, & alleviate suffering** takes shape in our mission to **empower families across the globe to achieve self-reliance, one community at a time.**

Care for Life began 2024 on a high note, receiving a generous donation of \$119,045 from *The Church of Jesus Christ of Latter-Day Saints' Light the World* campaign. We were honored to be one of the top recipients from the Gilbert, AZ *Light the World Giving Machines*—an incredible testament to the generosity of our supporters! Every donation, large or small, is stewarded with care and accountability, recognizing the trust placed in us by our donors and the families we serve through the Family Preservation Program.

One of the most exciting news of this year was welcoming **Aly Brandon** as our new **Family Preservation Program (FPP) Director**. Aly's leadership and training have empowered our staff in Mozambique, enhancing efficiency and organization—goals we have diligently pursued over the past two years. We are now seeing the positive outcomes of this effort, with both staff and program participants experiencing meaningful growth and development.

As we reflect on a successful year, we invite you to explore the impact of your donations and the dedication of our staff and volunteers. Your support has made a lasting difference, and we look forward to continuing this journey together in 2025. **Thank you for being a part of this life-changing mission!**

Becky Shiew,  
President



*Thank you for being a part of  
this life-changing mission!*



# APPRECIATION

The **support of our donors impacts many individuals and families** who are on the path to self-reliance. CFL participants frequently express gratitude for the **Family Preservation Program**.



This year, Evo learned the importance of clean water and sanitation.



This year, Mabuleza learned how to cultivate crops to sustain her family.



This year, Teresinha learned the importance of a cement latrine away from her water and food source.



This year, Rainha saved enough money to pay people to help her build a house.



Leopordina went from no source of income to one of the most successful business owners in her community. This year she saved enough to build a house.



This year, Eliza became an education promotor in her community. She convinced 10 of her neighbors to attend adult literacy classes who wouldn't have gone otherwise.



# 2024 IMPACT

The greatest use of life is to spend it for something that will outlast it.”

- William James, philosopher and psychologist



5,002

Individuals  
involved in Program



956

Families  
Mentored



4

Villages  
Developed



Care for Life empowers families with sustainable, self-reliance-based solutions that break the cycle of poverty and create lasting change in their communities.

# CARE FOR LIFE HIGHLIGHTS



## Mozambique National Director Visits Utah

Care for Life kicked off the year with a press tour for our Mozambique National Director, Solomon Malidadi and his wife, Amalia. Together they spoke to classes at Brigham Young University, Utah Valley University, Kay's Creek Elementary, and several church youth and young adult groups, raising awareness of Care for Life and our mission to end the cycle of poverty through self-reliance.

## Light the World Check Ceremony

On March 5th, Mayor Brigitte Peterson and other Light the World representatives awarded Care for Life a check for almost \$120,000. This money was raised in the Gilbert Giving Machine during the 2023 Christmas season as Care for Life partnered with the Light the World initiative.



## New Board Members

Will and Heather Humphreys joined Care for Life as board members after participating in a life-changing expedition. Inspired by Care for Life's mission and impact, they wanted to get more involved. Now, they contribute their expertise in marketing to help further Care for Life's reach and efforts.

# CARE FOR LIFE HIGHLIGHTS



## Expansion to Democratic Republic of The Congo

In 2024, we started training Louis Matanglila and Didier Bonguani from the organization L'asbi C.E.P.E. (Centre D'Evangelisation Penial). They have been very eager to learn how to implement The Family Preservation Program in underserved communities in the DRC to help strengthen families there. We had to stop training due to civil unrest and look forward to the day when we can safely return.

## Success Story: The Cipriano Family

In 2024, Care for Life supported 956 families like the Ciprianos. Carlitos, Graca, and their six children (two pictured here) have made remarkable progress. They built a thriving vegetable garden, started a taxi business, and, through savings and profits, constructed a new home. Their journey is a testament to the impact of self-reliance and Care for Life's programs.



## Immense Success with Season of Care Campaign

We saw incredible success with our year end "Season of Care" campaign. Thanks to your support, we raised over \$291,000 in the months of November and December. Of all those who gave to the campaign, 53% were first time donors. We welcome you into the CFL family and thank all who participated for your support with this campaign!



# 2024 PROGRAM OUTCOMES

Care for Life carefully measures and tracks the **impact** and **outcomes** of the Family Preservation Program in our robust data tracking system. Each family's progress is continually monitored and evaluated.

630

COMMUNITY CLASSES TAUGHT

864

FAMILIES WHO PARTICIPATED IN  
THE CREDIT AND SAVINGS GROUP

208

FAMILIES WITH A SMALL  
BUSINESS

599

INDIVIDUALS WHO PASSED  
LITERACY LEVEL CLASSES

44

MALNOURISHED CHILDREN  
WHO RECEIVED TREATMENT

1,628

VACCINATIONS GIVEN

249

TRAINED COMMUNITY  
LEADERS

100,598

FAMILY MENTORSHIP VISITS

Care for Life recognizes the value and importance of each dollar donated. Annual assessment and regular monthly reporting ensures efficiency, accountability, and sustainable results. Our heartfelt gratitude is extended to our donors and volunteers for your continued support in helping us improve lives.



# OUTCOMES TO IMPACT

## How do outcomes translate to impact?

In other words: how do the numbers on the page indicate that lives are changing on the ground?

At Care for Life, we care deeply that the numbers on our data sheets are truly translating to individuals becoming self-sufficient. Although numbers alone might be impressive, let us break down just one of these data points so you can see how outcome translates to impact.

### Let's use the data point about kitchens.

Studies show that having a functioning kitchen separate from the main living area of a house has a big impact on the quality and safety of people's lives.

Having a separate structure for the kitchen:

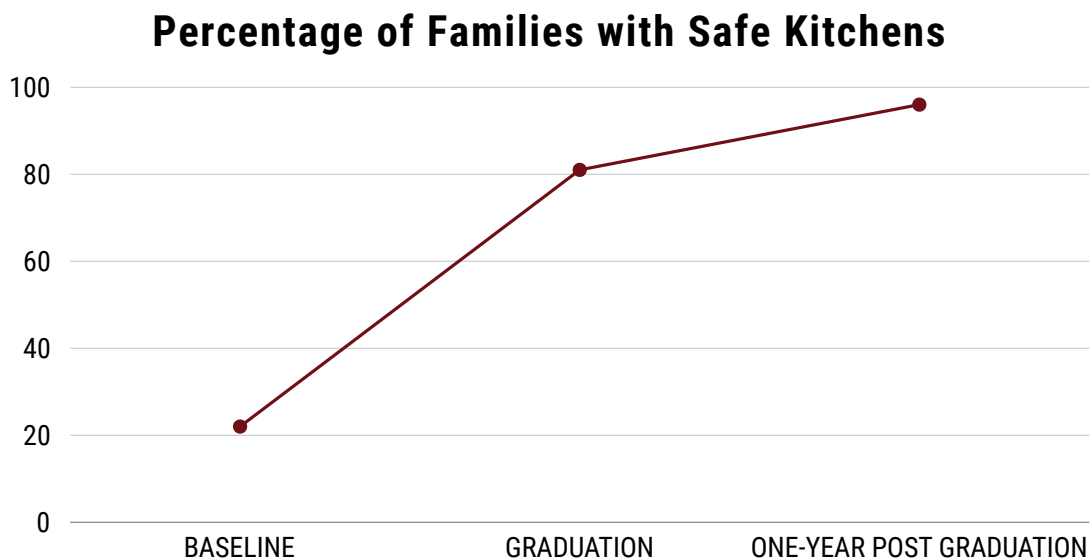
- Greatly reduces burn risk for children
- Cuts down on respiratory disease
- Increases levels of sanitation
- Lowers levels of food contamination



On the left is an example of a safe kitchen separate from main living area. On the right is an example of a common area kitchen, increasing child burn risk, respiratory disease, and food contamination.

# OUTCOMES TO IMPACT

For these reasons, one of the first goals families usually make is to build a kitchen that is separate from the main living quarters and sheltered from the elements.



Our assessments track the number of families who have this type of kitchen in the beginning of the program verses and then at the end. **At the beginning of the three-year program, an average of 22% of the families in each village had a safe kitchen. By the end of the three years, when the community graduated, that average rose to 81%.**

But Care for Life takes it a step further by tracking families even after they complete the three-year program to see if their growth and progress continue. This long-term evaluation helps determine whether the community has truly been empowered to sustain positive change independently, without relying on outside support for basic needs.

**With the kitchen example, in the one year post assessment, the percentage of families with a safe kitchen rose from 81% to 96%.**

This is just one example of moving from outputs to impact, which empowers communities to take charge of their own growth and continue long after Care For Life has left.



# FINANCIAL SUMMARY



**CARE FOR LIFE, INC.  
STATEMENT OF ACTIVITIES – MODIFIED CASH BASIS  
FOR THE YEAR ENDED DECEMBER 31, 2023\***

	<u>Without Donor Restrictions</u>	<u>With Donor Restrictions</u>	<u>Total</u>
<b>REVENUES, GAINS, AND OTHER SUPPORT</b>			
Contributions	\$ 463,614	\$ 98,873	\$ 562,487
Grant Income	6,250	-	6,250
Interest income and other income	2,850	-	2,850
Unrealized loss	(546)	-	(546)
Net assets released from restrictions			
Purpose restrictions met	160,603	(160,603)	-
Total revenues, gains, and other support	<u>632,771</u>	<u>(61,730)</u>	<u>571,041</u>
<b>EXPENSES</b>			
Family preservation program	573,749	-	573,749
Management and general	122,531	-	122,531
Fundraising	53,142	-	53,142
Total expense	<u>749,422</u>	<u>-</u>	<u>749,422</u>
<b>CHANGE IN NET ASSETS</b>	(116,651)	(61,730)	(178,381)
Net assets, beginning of year	<u>499,821</u>	<u>80,442</u>	<u>580,263</u>
<b>NET ASSETS, END OF YEAR</b>	<u>\$ 383,170</u>	<u>\$ 18,712</u>	<u>\$ 401,882</u>

\*Statement of Activities will be updated to 2024 once the audit is complete.

# GOVERNANCE & LEADERSHIP

Our dedicated board and staff are committed to fighting extreme poverty by building village self-reliance.



## Board of Directors

Curtis Christensen   Chair	Brian Hill   Social Business
Brad Andrews   Vice Chair	Ryan Nelson   Finance
Steve Richins   Vice Chair/Leadership	Annie Lewis   Legacy
Becky Shiew   Vice Chair/President	Jodi and Kevin Thomson   Treasurer
Carrie Thompson   Program Development	Heather and Will Humphreys   Marketing
Chuck Smith   Funding	



## Mozambique Staff

Solomon Malidadi	Regina Pinto Cuaja	Moises Anibal Joao
Celestino Fombe	Telma Beatriz Tomo	Domingos Antonio Domingos
Jorge Chene Mouna	Samuel Muandionalero	Angista Melo
Ana Micas	Mariammo Zuer Gundana	Nora Ndambuwa Castigo
Augusto Pombo das Dividas	Fernando Sabado Tomo	Katia Amid de Sousa
Carlos Jose Vicente	Graca Macumbe	Joaquim Francisco Manuel
Joao Fortuna Jorge	Telma Namuja	Jose Cherequejanhe Joao
Timoteo Eplo Jequecene	Joao Chico Raposo	



## United States Staff

Becky Shiew   President	Brad Andrews   Director of Funding
Jen Brewer   VP of Messaging	Aly Brandon   FPP Operations Director
Mary Ann Curtis   VP of Operations	Jodi and Kevin Thomson   Director of Finance
Eliza Terry   Director of Marketing	Linda Harper   Finance Manager

# GET INVOLVED



## Help those in extreme poverty

1. Donate
2. Volunteer your skills
3. Join an expedition
4. Like us on social media
5. Host a cottage meeting
6. Help us with our corporate networking
7. Share our website





# ACKNOWLEDGEMENTS



Care for Life's mission to build family and village self-reliance would not be possible without the tireless efforts of our volunteers. Thank you!

326 Mozambican community volunteer leaders  
25 American volunteers

We thank our donors for your continued support in our vision to instill hope, promote self-reliance, and alleviate suffering.

Your generosity makes all of this possible. Thank you!

## Care for Life

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