



Our Mission:
Alleviate Suffering
Promote Self-reliance
Instill Hope

Our Guiding Philosophy: “Go to the people, live with them, learn from them, love them, start with what they know, build with what they have. But with the best leaders, when the work is done, the task accomplished, the people will say, ‘We have done this ourselves!’” Lao Tzu

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www.careforlife.org

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Alleviate suffering
Promote self-reliance
Instill hope



Proving Success and Sustainability

2014 Annual Report

“You are what you do,
not what you say you’ll do.”



C.G. Jung



Care For Life Officers

Linda Harper, President,; Randall Voss, Vice President; Curtis Christensen, Secretary/Treasurer

Management Team and Directors

Randall Voss, Mozambique Operations Director - Randall graduated from Brigham Young University with a degree in Sociology and a Masters in the EMPA program. He has been working with several non-profits humanitarian organizations since the 1970's. He has worked with Care for Life almost since its beginning. He is married to Ivy and they live in Mesa, Arizona. They have 8 children.

Ruthanne Van Wagoner - Administrative Assistant- Graduated from Utah State University in 1982. She has been working with Care for Life since 2003 with varied responsibilities. Ruthanne lives in Gilbert, Arizona with her husband and three sons.

Anita Joos Eyre—PR/Marketing Director—Anita was born in Switzerland and is currently residing in New York City with her husband Talmadge. Anita obtained her undergraduate degree in Ancient Studies from Brigham Young University. After graduation, she moved to New York City where she entered the fashion/advertising industry, working for Prada, Burberry, and most recently for Donna Karan as the Global Media Director. In 2009 she and her husband, Talmadge, embarked on a nine month travel and humanitarian expedition to Africa and India, spending extensive time at Care for Life in Mozambique.

Julie Peterson—Volunteer Director—Julie is responsible for Care for Life's Volunteer Program. She and her husband, Howard, have made several trips to Mozambique. Julie has four children, all of whom have volunteered with Care for Life.

US Advisory Board

Dr. Paul English - Board Chairman, Curtis Keller, Jason Coverston, Bradley McBride, Cindy Packard, Daryl Hobson, Talmadge Eyre

Mozambique Senior Management Team

João Bueno, Program Development Director - João has been with Care for Life since 2005 and has been instrumental in the design, development, and implementation of the Family Preservation Program from inception to its current state. He has a Masters in Public Administration from BYU Marriott School of Management with a minor in International Development and Non-profit Management. João is originally from Belo Horizonte, Brazil and spends his time between the US and Mozambique.

Solamao Malidadi, National Director - Solamao is a native Mozambican. He has a Bachelor's degree in Business Administration and is currently working on his masters in the same field. He has been in business management for over 12 years. He is married and has three daughters.

Juridio Augusto Chicala - Income Generation & Agriculture, Food Security & Nutrition Coordinator

Carlos Chivale—Education Coordinator

Adilson Abdala - Children's Well-being Coordinator

Ana Micas - Health, Hygiene, & Sanitation Coordinator

Rachid Abasse Adenane - Community Participation & Home Improvement Coordinator

Blair J. Packard—President—Blair is the co-founder of Care for Life along with his wife Cindy. He received his education at Brigham Young University with a Masters Degree at Duke University. He is a licensed physical therapist and co-owner of East Valley Physical Therapy in Mesa, Arizona. His volunteer professional service has included President of the Arizona Physical Therapy Association, Board of Directors of the American Physical Therapy Association, and President of the U.S. Federation of State Boards of Physical Therapy. He also served a humanitarian mission in Mozambique in 2005 and served as the Mission President for the Church of Jesus Christ of Latter-day Saints in Mozambique and Angola from 2006-2009.

Linda Harper, President - Linda began volunteering with Care for Life shortly after it was organized. During her time with Care for Life, she has held a number of responsibilities including Board Member, Advisory Board Member, Volunteer Coordinator, and US Operations Director. Over the past 10 years Linda has spent considerable time in Mozambique working in both the villages and with the Care for Life staff. Linda is a successful businesswoman; she and her husband Todd own a remodeling company in Gilbert, Arizona. They are the parents of five sons.

Steve Samuelian, Steve is the founding partner of Life Generations Healthcare as well as one of four founding partners of Covenant Care Inc. and has served as President and CEO of three companies in the business of Real Estate Development and Construction. Steve currently serves on several Boards-as the Chairman of the The Perfect Moment Foundation, the Chairman of Care for Life, and on the Board of Directors for Rising Star Outreach. Married to Susan D. Samuelain for 30 years, Steve is the father of four children and resides in Laguna Beach, California.

Curtis Christensen, CFO - Curtis graduated from Arizona State University with his degree in accounting. He is currently a CPA and CFO of an agriculture and real estate development Company. Curtis and his wife are the parents of four children.

Cindy Packard—Co-founder - Cindy is the co-founder of Care for Life along with her husband Blair. She is a licensed midwife with a private practice in Gilbert, Arizona. Cindy and Blair have seven children and 24 grandchildren. She has spent an extensive amount of time working in Mozambique, including a humanitarian mission in 2005 and a three year mission in Mozambique and Angola for the Church of Jesus Christ of Latter-day Saints with her husband from 2006-2009.

Brian Hill is currently a JD/MBA candidate at Northwestern University/Kellogg School of Management. After graduating from Brigham Young University with a BS in Economics, Brian worked four years with General Mills, Inc. but kept very active in the non-profit world through S4, a consultancy guiding NGOs and non-profits to financial self sustainability. While he is also actively involved with tech strategy consulting, Brian enjoys most the time spent with his wife Callie and two beautiful daughters.

Samo Goncalves - Samo joined Care for Life in 2010. He is the National Director of Security in the Criminal Control and Security Measures in Mozambique and has been instrumental in supporting Care for Life with the Mozambican government. During his spare time Samo consults on legal issues. He and his wife Carolina Azarias live in Maputo with their seven children.

Patrick Tedjamulia

The Family Preservation Program: Proven Success and Sustainability

Dear Friends,

2014 was a year of exciting milestones and proven success as we completed our five-year post assessment of Mbatwe, the first community we began working with back in 2005.

Care for Life left the village of Mbatwe in 2009. Having implemented the Family Preservation Program for 39 months, the families of Mbatwe internalized the knowledge they needed to take care of themselves forever. We have continued to assess each year as the village thrives on its own. The assessment data is so exciting! **Most indicators in Mbatwe are at or above those taken at the end of the program five years ago. This proves the success and sustainability of the Family Preservation Program.** With the help of Care for Life, this community has taken control of its own future.

In 2014 we added two new communities to the six that were in progress. We added several new components to our traditional model to include families that are living in an urban setting rather than a rural environment. This pilot model included vocational training and a stronger emphasis on economic development. These new families are making great progress; many have obtained employment because of the training they received.

Three more communities graduated in 2014, for a total of 17 communities that have completed the program. Over 8,000 people participated in the program in 2014, bringing the grand total to 21,847 people participating in the FPP over the past ten years.

We had great success in 2014 as 83% of the families in the program achieved their goals.

All of these individuals are living happier, healthier lives because of what they have learned from the Family Preservation Program.

Thank you so much to all of our volunteers and donors who have helped to make 2014 a great success.

With the validating news that Mbatwe has succeeded we feel confident that the next step is to share what we have learned with the world. We hope 2015 will be a year of expansion.

Thank you,

Linda Harper

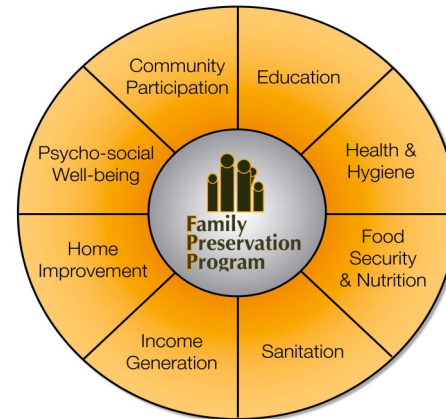
President Care for Life



Program & Description

Family Preservation Program

The Family Preservation Program is an integrated approach to community development that focuses on families. Its main objective is to overcome poverty by preserving and empowering families through education, instruction, and behavioral change. Sickness, hunger, ignorance, and dependency are both the cause and consequence of family disintegration, creating a continuous downward cycle. The Family Preservation Program breaks this cycle by creating a sustainable community environment where individuals and families learn basic steps to improve their lives and are encouraged and helped to achieve a progressive series of goals that foster sustainable behavior change. The Family Preservation Program is how we accomplish our goal of alleviating suffering, promoting self-reliance, and instilling hope.....one family at a time.



The Family Preservation Program is a holistic approach to building up self-reliant families through education, instruction, and behavioral change. This approach is rooted in 8 areas of emphasis.



Villages Continue to Thrive After Care for Life Exits

Seventeen villages have completed the Family Preservation Program since 2005. Three villages graduated from the program in 2014. Care for Life continues to assess graduated villages for up to 5 yrs. Below are the results of these assessments from all 17 villages.

Indicators	Initial Assessment	Exit Assessment	Recent Assessment
Family latrine	32%	94%	90%
Garbage burned or buried	58%	98%	88%
Family drinking treated water	13%	97%	78%
Family sleeping under mosquito net	29%	96%	93%
Tarimba (table for food & dishes)	31%	93%	72%
Children 6-17 yrs attending school	47%	76%	74%
Adults over 15 literate	49%	73%	73%



Care for Life did great things for our community. We learned how to build a latrine as well as the importance of only drinking clean water. This has helped greatly to decrease sicknesses in our family. We also learned how to grow our own garden not only to feed our family, but also to sell the surplus. My wife never knew how to read, but now she does, because she participated in the literacy classes that were offered. Our family was so blessed by Care for Life and the teachings that were given to us. —Domingos Joao Gundana

THE CHANGE IN MBATWE IS REAL

Five years after graduating from the Family Preservation Program, lives have been changed.

Care for Life taught us so much. We did not drink treated water, but once we understood the health benefits we decided to treat our water from then on. WE were also able to build a latrine, which is still in great shape today. All of our kids are currently enrolled in school and we emphasize the importance of school and knowledge. My wife led by example and learned how to read through the classes Care for Life offered and now all of my kids study hard. We also learned how to start our own business. We started small, but are having a lot of success with our business now. Our life has changed a lot since care for Life entered our village and taught us as a family.

—Zeka Dos Santos Luis



STATEMENT OF FINANCIAL POSITION

December 31, 2014

CURRENT ASSETS

Cash and cash equivalents \$ 55,658

PROPERTY AND EQUIPMENT

Computers, equipment & furniture 44,373
Building and Land 131,567
Vehicles 157,182

333,122

Less accumulated depreciation (239,008)

Total property and equipment 94,114

OTHER ASSETS

Investment in land 80,922

80,922

230,694

CURRENT LIABILITIES

Accrued expenses (credit cards, payroll taxes) 2,877

NET ASSETS

Unrestricted 227,817

227,817

\$ **230,694**

STATEMENT OF ACTIVITIES

December 31, 2014

NET ASSETS:

SUPPORT

Contributions \$ 577,867

Total support 577,867

EXPENSES

Program services 489,505

Management and general 106,433

Fundraising 3,653

Total expense 599,591

DECREASE IN NET ASSETS (21,724)

Net assets, beginning of year 221,582

Prior period adjustment 27,960

Total adjusted net assets, beginning of year 249,542

NET ASSETS, END OF YEAR \$ 227,817

Family Preservation Program

Care for Life's Impact

Over **21,000 people** have been lifted by the Family Preservation Program since it started in 2005. This includes **4,468 families** that are **happier and healthier**.



Education

73% of children ages 6-17 yrs old is attending school in Care for Life villages (compared to 50.2% in Mozambique)

1043 adults participated in village literacy classes

73% of family members over 15 yrs old are literate in Care for Life villages due to literacy classes taught (compared to 56.11%)

Community Classes teach health & hygiene, nutrition, sanitation, family gardening, income generation, women and children's rights, home improvement, disease prevention, and many more self-reliant skills.



Food Security & Nutrition

Planting a family garden for better nutrition went from **6% to 38%**. Most were able to sell excess produce for an income generation activity

97% of families have a vegetable and/or protein daily

124 Agricultural Kits (rake, hoe, watering can) were earned by families completing goals

14,000 packets of seeds distributed; 903 watering cans; 22 rakes and hoes earned by families completing goals



Specialists & Staff

7 Specialists with skills in health, journalism, leadership, and engineering spent time in Mozambique. They accomplished 1429 hours of volunteer service.



Family Preservation Program

Health, Hygiene & Sanitation



In 9 villages,....

958 people tested for HIV/AIDS

952 people were immunized

233 children vaccinated

860 eye exams

4260 bottles of water treatment distributed

1100 mosquito nets given to families

696 bars of soap distributed

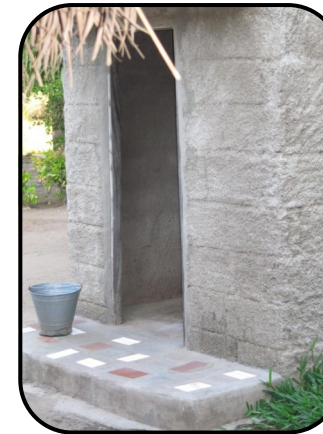
2 bicycle ambulances earned for 2 villages

68% of families have a brick lined latrine

85% have a tarimba (table for holding dishes)

95% burn or bury garbage

93% of families have a bathhouse

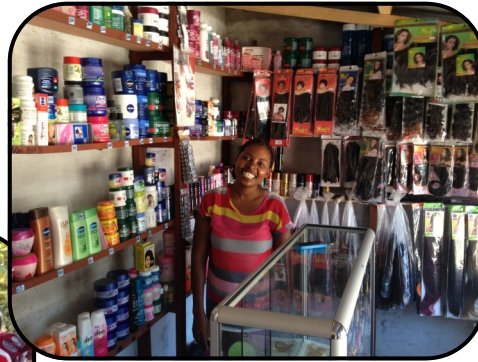


Income Generation

60% of families have an income generating activity

953 people participate in a Business Association

43% families own a small business



Home Improvement

4250 bags of cement earned by families completing goals. Cement is used to make bricks that build latrine, repair and improve homes, and build water wells.

63% of homes have adequate roofs and 70%



Psycho-social Well-being

8-14 yr olds were taught HIV/IDS prevention

318 kids were taught vocational training skills

91% of families do not drink alcohol excessively



Community Participation

96% of families were assessed to track progress in the 8 areas of emphasis

83% of families that set goals received reward for achieving goals

