



Our Mission:
**Relieve suffering,
Promote self-reliance,
Instill hope**

**Our Guiding Philosophy: “Go to the people,
live with them, learn from them, love them,
start with what they know, build with what
they have. But with the best leaders, when
the work is done, the task accomplished,
the people will say, ‘We have done this
ourselves!’” Lao Tzu**

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Alleviate suffering
Promote self-reliance
Instill hope



CELEBRATING SELF-RELIANCE

2011 Annual Report

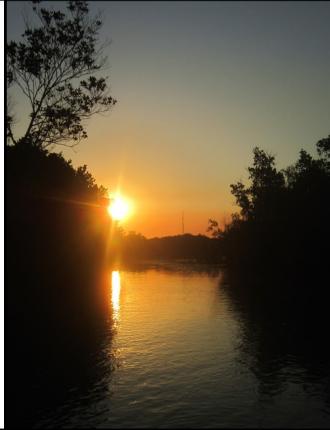
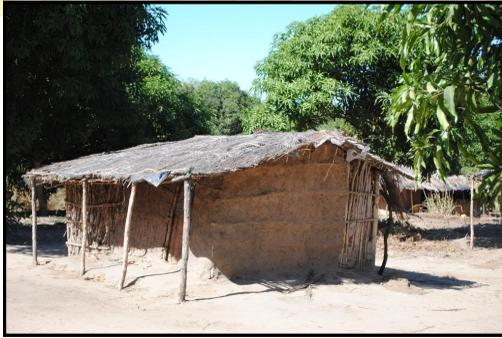
“Never doubt that a small group of
committed people can change the world.
Indeed, it is the only thing that ever has.”

Margaret Mead



“What we have done for ourselves alone
dies with us; what we have done for others
and the world remains and is immortal.”

Albert Pike



Letter from the President

Dear Friends,

I am so excited to tell you about the wonderful progress Care for Life made this year in Mozambique because of the Family Preservation Program.

In 2011 seven more villages completed the Family Preservation Program and together we celebrate their goal of becoming self-reliant. That makes a total of 11 villages completing the 32 month program and that equates to over 15,000 individuals whose lives are changed for the better forever! Just think of it, 15,000 people who are drinking clean water, sleeping under Mosquito nets, eating nutritious vegetables from their gardens and supporting their families with small businesses. About 7,000 of these people are children who are happier, healthier and they now understand that they have control over their future, and they don't have to live in poverty.

These families have been successful because of the support and teaching they have received from the Care for Life staff and the financial support from generous, dedicated donors. Without the financial support Care for Life could not continue to provide the support needed for this amazing success.

We had several exciting events that contributed to the success of 2011. A recently filmed documentary on the Family Preservation Program has been a tremendous tool in helping us explain the Family Preservation Program to the world.

Our National Director Salomao Malidadi from Mozambique and our Mozambique board member Samo Goncalves attended the annual October Board Meeting in Salt Lake City, Utah. This meeting produced a great opportunity for minds and hearts from across the world to join together to resolve issues, make plans for the future, and move the work forward.

Our goal for 2012 is to continue to move the work forward, adding at least 5 more villages to the ones already in progress. We have hundreds of villages waiting for us to come. We need your help to reach as many villages and families as we can.

Linda Harper
President
Care for Life

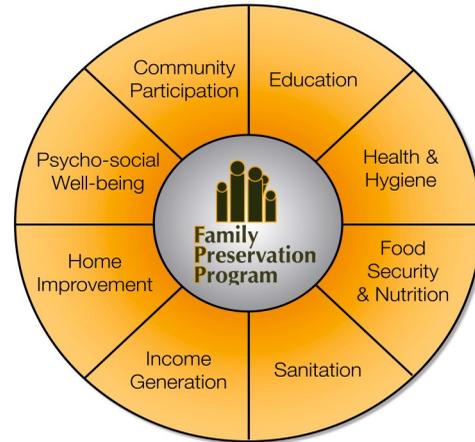


Program Accomplishments

Family Preservation Program

The Family Preservation Program (FPP) is a family-based development program implemented at the community level. It is a holistic approach to creating self-reliant families through educational instruction and behavioral change. Its main objective is to overcome poverty by preserving and empowering families. In whatever structure a family may be. Sickness, hunger, ignorance, and dependency are both cause and consequence of family disintegration, creating a continuous downward cycle. FPP stops this cycle by creating a sustainable community environment that fosters behavioral change, instills hope, brings ownership and promotes self-reliance. Families are grouped together in with an elected leader to begin initiating ideas and ways to improve on what they already have. Families set goals and are monitored using eight areas of emphasis: education, health & hygiene, income generation, food security & nutrition, psycho-social well-being, sanitation, home improvement, and community participation. Classes are taught in all eight areas on a regular basis in the

communities. A complete cycle for a community is 32 months. Each family goes through a complete assessment every 6 months. Families in the program learn how to plant a family garden, treat their drinking water, take care of their health and hygiene, and the importance of attending school. Families earn rewards for goals completed. Rewards consist of home improvement materials, agricultural supplies, and English and computer classes.



Villages Continue to Thrive After Care for Life Leaves

There are 7 villages that have completed the Family Preservation Program. Care of Life continues to assess graduated villages for up to 5 years. Below are the results of these assessments from all 7 villages.

Indicators	Initial Assessment	Recent Assessment
Family latrine	33%	87%
Garbage burned or buried	64%	98%
Family drinking treated water	16%	94%
Family sleeping under mosquito net	30%	98%
Tarimba (table for food & dishes)	34%	86%
Children 6-18 attending school	42%	81%
Adults over 15 literate	46%	79%



US & Mozambique Board and staff
Curtis Christensen, Samo Goncalves, Joao Bueno, Salomao Malidadi, Steve Samuelain
Linda Harper, Cindy Packard, Blair Packard



Mozambique Staff

Financial

STATEMENT OF FINANCIAL POSITION

December 31, 2010

CURRENT ASSETS

Cash and cash equivalents	\$ 58,437
Investments	\$ 0

Total \$ 58,437

PROPERTY AND EQUIPMENT

Computers, equipment & furniture	\$ 44,373
Building and Land	\$ 131,567
Vehicles	\$ 165,268
Less accumulated depreciation	<u>\$ (210,625)</u>

Total \$ 130,583

TOTAL \$ 189,020

NET ASSETS

Unrestricted	\$ 129,337
Restricted	\$ 57,836

CURRENT LIABILITIES

Accrued expenses	<u>\$ 1,847</u>
(payroll taxes, credit card)	

Total \$ 187,173

\$ 189,020

STATEMENT OF ACTIVITIES

December 31, 2011

NET ASSETS SUPPORT

Contributions	\$ 607,630
Grant	
Special Events, net program income	\$ 3,993
Interest income and other income	\$ 1,035
Net assets released from restrictions	<u>\$ 39,192</u>

Total support \$ 651,850

TOTAL EXPENSES \$ 683,720

DECREASE IN NET ASSETS \$ (31,870)

Net assets, beginning of year \$ 200,399

NET ASSETS, END OF YEAR \$ 168,529

Unrestricted

Temporarily Restricted

\$ 1,674

\$ (39,192)

\$ (37,518)

\$ 22,767

\$ (60,285)

\$ 78,928

\$ 18,643

Program Accomplishments

Care for Life's Impact

Over 15,000 people have been lifted by the Family Preservation Program in the past 12 years. This includes 3,340 families that are happier and healthier.

In 2011:

- ◆ 91% of the families in our Family Preservation Program villages were assessed every six months to track progress in the 8 areas of emphasis
- ◆ 85% of families that set goals received rewards for achieving goals
- ◆ 5,769 bags of cement earned by families completing goals. Cement is used to build latrines, repair & improve homes, build water wells.
- ◆ 91% of Care for Life families have a latrine
- ◆ 94% of the families are drinking treated water
- ◆ 97% of families are sleeping under mosquito nets
- ◆ 80% of the children are attending school
- ◆ 76% of the adults are literate due to classes taught in the villages
- ◆ 46% of the families in Care For Life villages own a small business
- ◆ 13,272 hours have been donated by Care for Life Board Members, staff, and volunteers



Orphans and Vulnerable Children

A child under the age of 18, who has restricted access to basic needs, is chronically ill, is abused physically or emotionally, or has no parent is considered to be an orphan or vulnerable child. Care for Life serviced 5,340 of these children in our 13 villages in 2011.



Children's Club/Stay Alive

Each village has a Children's Club for youth ages 9-14. They meet each week to learn vocational skills and to participate in Stay Alive training. Over 1,175 children were taught to garden, hand sew, weave, and work with wood. They also learned

how to stay free of HIV/AIDS through 40 lessons that taught them how their choices bring positive or negative consequences. Stay Alive empowers youth with the knowledge, which literally can save their lives.



Program Accomplishments

Education

The Family Preservation Program provides meaningful learning opportunities through community classes as well as personal visits. Through these interactions the families understand and implement the importance of literacy, school attendance, HIV/AIDS prevention, sanitation, health and nutrition, income generation, housing, psycho-social well being, and community participation.



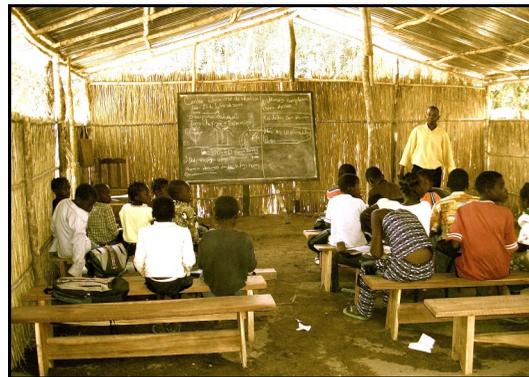
Three levels of literacy for adults, ages 15 years and older, are taught in each village. The curriculum consists of reading, simple math, and writing. In all the villages combined, 231 adults participated in Level 1, 147 in Level 2, and 72 students in Level 3. Of the students who took the test at the end of each year, 83% passed.

Care for Life teaches literacy, computers, and English at the Learning Center for any community member to attend. All literacy classes are free; there is a small fee for computer and English classes.

- ◆ 281 enrolled in Literacy classes— 100% of the students who took the test passed the government issued exam.
- ◆ 276 students learned English
- ◆ 82 people acquired computer skills

There is a staff of 6 Literacy teachers, 2 English teachers, and 2 Computer teachers. Curriculum comes from the Ministry of Education.

A small rural school run by Care for Life in Marrocan he had 11 students that learned to read and do math.



Income Generation classes are offered to members of the villages. Sixteen classes teach them basic business and financial management skills over an 8 week period. 383 students enrolled in the program. A total of 643 family owned businesses are functioning in the Family Preservation Program villages.



Administration

Care For Life Officers

Linda Harper, President,; Randall Voss, Vice President, Curtis Christensen, Secretary/Treasurer

Management Team and Directors

Randall Voss, Mozambique Operations Director - Randall graduated from Brigham Young University with a degree in Sociology and a Masters in the EMPA program. He has been working with several non-profits humanitarian organizations since the 1970's. He has worked with Care for Life almost since its beginning. He is married to Ivy Randall and they live in Mesa, Arizona. They have 8 children.

Ruthanne Van Wagoner - US Operations Director - Graduated from Utah State University in 1982. She has been working with Care for Life since 2003 with varied responsibilities. Ruthanne lives in Gilbert, Arizona with her husband and three sons.

Anita Joos Eyre—PR/Marketing Director— Anita was born in Switzerland and is currently residing in New York City with her husband Talmadge. Anita obtained her undergraduate degree in Ancient Studies from Brigham Young University. After graduation, she moved to New York City where she entered the fashion/advertising industry, working for Prada, Burberry, and most recently for Donna Karan as the Global Media Director. In 2009 she and her husband, Talmadge, embarked on a nine month travel and humanitarian expedition to Africa and India, spending extensive time at Care for Life in Mozambique.

Julie Peterson—Volunteer Director—Julie is responsible for Care for Life's Volunteer Program. She and her husband, Howard, have made several trips to Mozambique. Julie has four children, all of whom have volunteered with Care for Life.

US Advisory Board

Dr. Paul English - Board Chairman, Curtis Keller, Jason Coverston, Bradley McBride, Cindy Packard, Daryl Hobson, Talmadge Eyre

Mozambique Senior Management Team

João Bueno, Program Development Director - João has been with Care for Life since 2005 and has been instrumental in the design, development, and implementation of the Family Preservation Program from inception to its current state. He has a Masters in Public Administration from BYU Marriott School of Management with a minor in International Development and Non-profit Management. João is originally from Belo Horizonte, Brazil and spends his time between the US and Mozambique.

Solamao Malidadi, National Director - Solamao is a native Mozambican. He has a Bachelor's degree in Business Administration and is currently working on his masters in the same field. He has been in business management for over 12 years. He is married and has three daughters.

Tobias Luis Antonio Jone - Agriculture Coordinator

Marta Mondlane- Education Coordinator

Adilson Abdala - Children's Well-being Coordinator

Ana Micas - Health Coordinator

Rachid Abasse Adenane - Housing and Community Participation Coordinator

Board of Directors

Steve Samuelian, *Chairman* – Steve is the founding partner of Life Generations Healthcare as well as one of four founding partners of Covenant Care Inc. And has served as President and CEO of three companies in the business of Real Estate Development and Construction. Steve currently serves on several Boards-as the Chairman of the The Perfect Moment Foundation, the Chairman of Care for Life, and on the Board of Directors for Rising Star Outreach. Married to Susan D. Samuelain for 30 years, Steve is the father of four children and resides in Laguna Beach, California.

Linda Harper, *President* - Linda began volunteering with Care for Life shortly after it was organized. During her time with Care for Life, she has held a number of responsibilities including Board Member, Advisory Board Member, Volunteer Coordinator, and US Operations Director. Over the past 10 years Linda has spent considerable time in Mozambique working in both the villages and with the Care for Life staff. Linda is a successful businesswoman; she and her husband Todd own a remodeling company in Gilbert, Arizona. They are the parents of five sons.

Curtis Christensen, *Secretary/Treasurer* - Curtis graduated from Arizona State University with his degree in accounting. He is currently a CPA and CFO of an agriculture and real estate development Company. Curtis and his wife are the parents of four children.

Blair J. Packard - Blair is the co-founder of Care for Life along with his wife Cindy. He received his education at Brigham Young University with a Masters Degree at Duke University. He is a licensed physical therapist and co-owner of East Valley Physical Therapy in Mesa, Arizona. His volunteer professional service has included President of the Arizona Physical Therapy Association, Board of Directors of the American Physical Therapy Association, and President of the U.S. Federation of State Boards of Physical Therapy. He also served a humanitarian mission in Mozambique in 2005 and served as the Mission President for the Church of Jesus Christ of Latter-day Saints in Mozambique and Angola from 2006-2009.

S. Joseph Anderson— S. Joseph graduated from Brigham Young University with a degree in Philosophy/Economics, with a minor in Scandinavian studies. His career has stretched from Toys R Us to Shopko to Super Target and to Sam's Club. Today he is the owner of multiple companies spreading across Utah, Missouri, California Wisconsin, Iceland, and Brazil. His largest entity, Progrexion Holdings, is a software development and marketing company. He serves on four foundation boards, is a trustee of a charitable organization with a focus on service, education and the arts, and joined Care for Life's Board of Directors in 2011. He is married and the father of four sons. His personal interests are first and foremost his family, followed by sailing, developing a business, and being mentored or mentoring.

Samo Goncalves - Samo joined Care for Life in 2010. He is the National Director of Security in the Criminal Control and Security Measures in Mozambique and has been instrumental in supporting Care for Life with the Mozambican government. During his spare time Samo consults on legal issues. He and his wife Carolina Azarias live in Maputo with their seven children.

Public Health

Care for Life's Public Health program reaches chronically ill village members in their homes. Families are taught how to care for those who have HIV/AIDS and chronic illnesses through visits by the Health Promoters in each village. Families take classes on malaria prevention, how to treat drinking water, proper sanitation, and the importance of using soap when washing. Care for Life distributes treated mosquito nets and chlorine for water treatment as a reward for attending corresponding training. After a village achieves a number of goals, it receives a bicycle ambulance to transport patients who are critically ill and have no other means to get to a health clinic or hospital.

In Care for Life Villages.....

7,214 attended community health classes
173 health related community classes taught
350 bottles of water treatment distributed
340 bars of soap distributed
548 mosquito nets distributed
942 people given referrals to the health clinic
757 people receiving treatment for HIV/AIDS
564 people seen in homes by Health Promoter



Community Health Testing

HIV/AIDS testing occurs in each Care for Life village once a year. In conjunction with the HIV/AIDS testing, children are vaccinated and registered with the government. Polio, measles, typhoid, and tuberculosis vaccines are given, along with vision acuity testing, and vitamin A shots for women. Awareness Week, the week before testing, involves theater and dance productions, classes, and lectures to promote awareness and understanding of the importance of HIV testing, vaccination, and registration. The testing week is done in partnership with the City of Beira Government Health Agency. They provide the technicians, equipment, vaccines, and tests. Care for Life assisted in 1,347 children receiving vaccinations and 629 individuals registering with the government. Over 1,640 village members had their eyes tested for visual acuity and glaucoma. 1,539 people were tested for HIV/AIDS. Those who test positive are referred to the health clinic for free medication.

Program Accomplishments

Family Gardens

Care for Life villages participate in the family garden program. The families who completed training on how to grow a garden by staff members were rewarded with seeds, hoes, and a garden manual. Lettuce, onion, tomato, garlic, pepper, and other native vegetables were planted in many gardens. Many of the families are able to grow produce to increase their food intake and nutrition. Some families are able to sell their excess for an income generation activity.



- ◆ 816 families planted producing gardens
- ◆ 153 lbs of seeds were distributed
- ◆ 791 hoes, rakes, and watering cans were distributed

Day of Celebration

The Celebration Day is the day when all the community families receive their rewards at the end of a 6 month goal cycle. The rewards are often house improvement materials such as bags of cement, roof materials, etc. For families who rent, rewards such as agriculture kits, education kits, and plastic chairs are earned. The day is to celebrate the families' progress and family goal achievements and to recognize the leaders for their work. Over 1,630 families earned rewards in 2011.



2011 Special Events

- ◆ Documentary of Care for Life filmed in June
- ◆ Mozambique office celebrated Care for Life's 10 year anniversary
- ◆ Opened 3 new villages—7 villages graduated from the program and continue to thrive
- ◆ Mozambique National Director and Board Member visited the United States



Program Accomplishments

Interns, Specialist and Volunteers

Interns and Specialists are individuals with specific skills that desire to work with Care for Life in Mozambique. There were 6 interns and specialist that worked with the staff and villages in the areas of health, income generation, journalism, and IT.

Our volunteers worked in a team of 12 that provided vocational training in the Children's Clubs and worked in 5 orphanages. They accomplished:

- ◆ 875 hours of teaching 800 kids how to sew, weave, and work with wood
- ◆ Worked with 250 orphan children totaling 397 hours - including teaching English
- ◆ Donated over 750 articles of clothing to orphanages
- ◆ Donated 825 weaving and sewing kits for vocational training
- ◆ Provided 90 school kits and 355 hygiene kits to orphans

