



2009 Annual report

Letter From the President

On the occasion of the tenth anniversary of Care for Life we would like to express our deepest gratitude to all those who have contributed to its success over the past ten years. As someone who has been associated with the organization from its early years, I would like to take this opportunity to reflect on the past and express my hopes for the future.

I remember attending a service project about ten years ago. The goal was to make 2,000 birthing kits to send to Mozambique. Hundreds of women had come to help Cindy Packard save the lives of women in Africa, where 1 in 10 died of complications from childbirth. I remember thinking, "Where in the world is Mozambique?"

Care for Life had its beginnings when Cindy, a trained midwife with a genuine love for people, read that 50% of children in Africa were dying because the people didn't understand very basic yet vital facts about health issues such as the importance of clean water. She decided to go and see for herself if anything could be done. After that initial visit (see back page), the Packards and some friends formed a non-profit organization that focused on educating people about these important facts. Since the beginning, education was and has been our #1 focus.

The journey from the beginnings of Care for Life to the Family Preservation Program has been an exciting one. The birthing kits that I started out working on, along with training for Traditional Birth Attendants, were the result of a specific request from the Mozambican Ministry of Health on that first visit, and are one way that Care for Life has been able to help save the lives of families in Africa.

Our educational efforts began as health and sanitation classes taught by American volunteers in schools throughout Mozambique and the northern part of South Africa. Later we decided to focus on one geographic area of greatest need. We chose Sofala Province and built our first learning center and got local people to teach these classes year around. Self-reliance was part of our mission statement and we developed incentive programs to encourage it.

We soon realized we could only reach a few hundred people in a building and so we went out to the communities and began to teach. Eventually the Family Preservation Program was developed and through this holistic approach of education in health, sanitation, clean water, gardening, housing, literacy and income generation, more than 14,000 people are being impacted and are changing and improving their lives.

It is difficult to express our excitement as we began to collect the results of the data from our program. Care for Life has come full circle. The data we have received proves that since we have been working in the communities with the Family Presentation Program, not one woman has died due to childbirth. Cindy's original desire is being accomplished and the results have far exceeded any of our hopes and expectations. Along with saving the lives of many men, women and babies, Care for Life is improving the quality of life for thousands of people. Families in the communities are healthier, they are filled with hope and they are motivated to make their children's future better.

Thank you, dear friends, for your continued support. Only with your help and financial support can Care for Life continue to save lives in Africa. Please continue to help us; we need you, Africa needs you.

Linda Harper

Linda Harper
President
Care for Life, Inc.



Linda Harper is presented with a basket of produce at the closing celebration for the FPP Community of Mungassa, as a symbol of the community's success in making family gardens a part of their family's lives.

The Family Preservation Program

Mozambique Program Data 2009

FPP Community Involvement

Community	# of families living in community	# of assessments	# of families assessed in last assessment	# of original/continuing assessed families	# of community members	# of community members assessed	# of original/continuing assessed comm. members
Mbatwe (39 month option)	329	8	303 (4/2009)	113 (post FPP 11/2009))	1645	1297 (4/2009)	555 (11/2009)
Mungassa (39 month option)	240	5	213 89%	85 40%	1200	808 67%	343 42%
Inhamizua (39 month option)	250	4	223 89%	94 42%	1250	922 74%	454 49%
Casa Banana (39 month option)	189	4	174 92%	74 43%	945	730 77%	363 50%
Ndunda (39 month option)	337	4	305 91%	153 50%	1685	1433 85%	918 64%
Nhamainga (39 month option)	175	3	169 97%	114 67%	875	800 91%	598 75%
Chiverano (39 month option)	255	3	225 88%	130 58%	1275	984 77%	602 61%
Mafarinha (modified Basic 39 month option)	206	2	198 96%	91 49%	1030	727 70%	403 55%
Nhamatanda 1* (24 month option)	165	1	148 90%	148 100%	825	575 70%	575 100%
Nhamatanda 2* (24 month option)	160	1	147 92%	147 100%	800	689 86%	689 100%
Total	2306	-	2105	1149	11,530	8958	5500

* Due to the success of FPP and the betterment of the families living there, additional families are moving in to participate in FPP.

- To get the number of community members - the number of families living in the community was multiplied by 5.0
- In the communities of Mungassa, Inhamizua, Mafarinha, there were no assessments given in 2009. Mozambique government grant money was not received, therefore, no funds to provide a Day of Celebration and rewards to these three communities.
- Cost of FPP 39 month option - \$50/person/year
- Cost of FPP 24 month option - \$26/person/year (this is low due to not including some administrative costs within FPP)

Day of Celebrations

Community/Month of Celebration	# of families in community	# of families in FPP	# of families that set goals	# of families that received rewards	# of families that did not earn rewards
Mbatwe - April	329	306	303	277	36
Mungassa -Nov	240	239	214	189	25
Inhamizua - Nov	250	250	219	219	79
Casa Banana - Aug	189	175	175	166	18
Ndunda - Sept	337	268	268	260	16
Nhamaniga - Dec	175	175	159	150	29
Chiverano - Dec	255	255	223	223	63
Mafarinha - Dec	206	206	174	157	67
Nhamatanda 1	165	148	148		
Nhamatanda 2	160	147	147		

There was only one Day of Celebration in each community in 2009 due to lack of money from the Mozambique government grant. Families were awarded a bag of cement after the first completed goal cycle in 2009 for their community. The number of families that did not earn the one bag of cement is included with the number of families that did not earn rewards on the Day of Celebration.

Rewards

Community	Cement (bags) \$13/110lb (50kg)	Tin Chapa \$10/sheet	Chairs \$11 plastic \$19 wooden	Wooden Door \$73	buckets and rope for water wells	
Mbatwe	581	143	212	5		
Mungassa*	846	75	17	-		
Inhamizua	399	1	6	-		
Casa Banana	372	6	-	-		
Ndunda	541	8	14	-		
Nhamaniga	332	16	4	-		
Chiverano	470	8	-	-		
Mafarinha	313	6	18	-		
Nhamatnada 1 and 2	50	-	-		15 wells	

Orphan and Vulnerable Children (OVC)

Community	# of orphans	# of vulnerable children	Total OVC	# of orphan-led households
Mbatwe (as of May)	146	637	783	0
Mungassa	241	202	443	0
Inhamizua	126	384	511	0
Casa Banana	78	258	326	0
Ndunda	142	477	621	1
Nhamainga	95	168	273	1
Chiverano	42	434	499	0
Mafarinha	60	306	366	0
Nhamatanda 1	do not track	do not track	534 (est)	0
Nhamatanda 2	do not track	do not track	489 (est)	0
Total	930	2866	4845	2

Orphan - A child, under the age of 18, one or both parents have died.

Vulnerable - A child, under the age of 18, who has restricted access to basic needs; parents are chronically ill and cannot provide for child; parent(s) unwilling to care for child; parents are alcoholic, poor or emotionally disturbed; child not attending school; child malnourished; child constantly shows signs of hunger; child chronically ill; child abused physically, sexually and emotionally; child with physical or mental disability; child living in poverty; child abandoned by one or both parents, lack of safe housing, child in foster care, etc...

According to the above definition of vulnerable, most all of the children living in FPP communities are considered vulnerable. Orphan children are also considered vulnerable, but not counted under the vulnerable category.

Milk Program

CFL discontinued this program in August. CFL was partner with a local Manga organization, Muchasseca, that provides milk to children of HIV/AIDS mothers. An average of 52 children, under the age of 2, receive cans of milk powder or infant formula every two weeks. Children and mothers who qualify for this program meet certain requirements through the program and are monitored by Muchasseca and the local hospital. This program cost approximately \$500/month.

Stay Alive - Community/ Children's Clubs

FPP Communities - Children's Clubs

Community	# students instructed enrolled (estimated attendance)	# of instructors
Mbatwe*	412 (100)	4
Mungassa	320 (80)	4
Inahmizua	390 (97)	4
Casa Banana	160 (40)	4
Ndunda	175 (44)	4
Nhamainga	140 (35)	4
Chiverano	128 (32)	4
Nhamatanda 1	0- program not started	-
Nhamatanda 2	0- program not started	-
Total	1725 (428)	28

*Stay Alive is taught in the community school

Stay Alive is taught to 9-14 year old children in each community.

Stay Alive is not taught at the Marrochne school.

Stay Alive is taught in Literacy classes at the Learning Center in Levels 1 and 2 involving 34 children. No adult classes receive Stay Alive lessons.

There was no Stay Alive taught in the public schools in 2009. Government did not provide funding to teach in public schools.



Adult Literacy In FPP Communities

Adult Literacy classes are taught in each FPP community on three levels. Each level represents a grade, i.e. Level 1 is equivalent to grade 1. Once a person has passed level 3, they are considered literate.

A final exam is given in October of each year. The test is a government test and when passed, the student receives a certificate of completion for that level from the government. CFL provides the teachers or facilitators to teach levels 1 and 2. These facilitators are compensated with an extra reward at the Day of Celebration. The teacher for level 3 is provided and paid by the government.

Classes are taught in the Machesa four days each week.

Proliteracy is taught in FPP communities.

Community Literacy Facilitators teach levels 1 and 2. The Ministry of Education send qualified teachers to the communities for level 3. Each October, competency test provided by the government is used to determine if the student has passed the level.

Level 1

Community	#of teachers	student age range	students that took the exam	students that passed the exam	students enrolled	tested subjects
Mbatwe	1	16-60	0	0	37	Port/Math
Mungassa	1	16-60	10	0	10	Port/Math
Inhamiza	1	16-60	26	24	26	Port/Math
Casa Banana	2	16-60	25	25	20	Port/Math
Ndunda	1	16-60	14	14	18	Port/Math
Nhamainga	1	16-60	10	10	17	Port/Math
Mafarinha	2	16-60	30	20	50	Port/Math
Chiverano	1	16-60	14	12	17	Port/Math
Nhamatanda 1&2	3	16-60	0	0	75	Port/Math
Total	13	-	129	115	248	-

Level 2

Community	#of teachers	student age range	student who took the exam	students who passed the exam	students enrolled	tested subjects
Mbatwe	1	16-60	10	7	18	Port/Math
Mungassa	1	16-60	16	11	22	Port/Math
Inhamizua	1	16-60	12	11	25	Port/Math
Casa Banana	2	16-60	16	12	20	Port/Math
Ndunda	1	16-60	12	6	19	Port/Math
Nhamainga	1	16-60	19	19	17	Port/Math
Mafarinha	1	16-60	50	43	50	Port/Math
Chiverano	1	16-60	12		20	Port/Math
Nhamatanda 1&2	1	16-60	0	0	25	Port/Math
Total	10	-	147	109	191	Port/Math

Level 3

Community	#of teachers	student age range	students who took the exam	students who passed the exam	students enrolled	tested subjects
Mbatwe	1	16-60	0	0	18	Port/Math
Mungassa	1	16-60	17		20	Port/Math
Inhamizua	1	16-60	24	11	30	Port/Math
Casa Banana	2	16-60	8	6	20	Port/Math
Ndunda	1	16-60	13	6	20	Port/Math
Nhamainga	1	16-60	0	0	0	Port/Math
Mafarinha	1	16-60	22	22	25	Port/Math
Chiverano	1	16-60	0	0	0	Port/Math
Nhamatanda 1&2	1	16-60	7	7	25	Port/Math
Total	10	-	91	52	158	Port/Math

Learning Center and Marrocanhe

Literacy Classes at the Learning Center and Marrochne

9 literacy teachers: 6 at the Learning Center and 3 at Marrochne

2 computer teachers

1 English teacher

Costs: All literacy classes are free

Computer classes: 600mt

English classes: 62mt

(There is a scholarship program for those who cannot pay)

Curriculum comes from the government. CFL is partners with the Ministry of Education.

Computer classes: Enrolled: 144

Completed the course: 139

Could not pay for class (on scholarship): 11

Literacy - 1st year (Portuguese)	Men	Women	Total
Registered/Enrolled	43	92	135
Completed Course	35	65	100 (74%)
Did not complete course	8	28	36 (26%)
Took test	35	64	99 (73%)
Passed Test	38	54	82 (61%)

Literacy - 2nd year (Portuguese)	Men	Women	Total
Registered/Enrolled	29	89	118
Completed Course	25	75	100 (85%)
Did not complete course	11	13	24 (20%)
Took test	17	75	92 (78%)
Passed Test	14	62	76 (64%)

Literacy - 3rd year (Portuguese)	Men	Women	Total
Registered/Enrolled	26	69	95
Completed Course	24	66	90 (95%)
Did not complete course	6	9	15 (16%)
Took test	23	64	87 (92%)
Passed Test	18	57	75 (79%)

English is offered three times a year. Below are totals for all three session.

English	level 1	level 2	level 3	level 4	level 5
Enrolled	220	178	49	8	8
Completed course	197	162	45	8	8
Passed course	197	157	44	8	8
Failed course	23	5	1	0	0
Did not pay for class	3	0	0	0	0



Family Garden Program

Community	# of Hoes, Rakes & Watering Cans Distributed (total)	# of Productive Gardens	# of Unproductive Gardens	# of Total Gardens	# Selling produce from garden
Mungassa	15	62	8	70	28
Inhamizua	21	159	10	169	44
Casa Banana	6	19	11	30	4
Ndunda	15	43	13	56	21
Nhamingua	48	114	34	148	34
Chiverano	96	79	23	102	22
Mafarinha*	339	79	34	113	22
Total	540	555	133	688	175

The families who completed training on how to grow a garden were given seeds, needed tools, and a garden manual. Training was provided by 7 Garden Promoters and 1 Garden Coordinator employed by CFL. Seeds for lettuce, onion, tomato, garlic, pepper, carrot, cabbage, cucumber, gumbo, pumpkin, and other native vegetables were distributed for a total of 37lbs (16,630g). 976 bags of manure were distributed. 189 Garden manuals were distributed. 140 training sessions were conducted. They have three growing seasons.

Many of the families were able to grow produce to increase their food intake and nutrition. Some families were able to sell their excess for income for their families. This depended on the size of the garden and the needs of the family.

Some family gardens failed due to lack of water, others stealing produce, and change of residences.

Farm - The farm in Marrocanhe was closed March 9, 2009. From January to the time of closing, nothing was planted or harvested and there were no animals raised.

The school on the farm property remains open for children in the local community. Three classes, levels 1-3, are taught year round. The teacher is paid by government.

There is one guard living on the property, 24/7. There are three guards total working as security.

Home Base Care

FPP		Other Villages		
Community	# of patients	Community	# of Patients	# of Activists
Mbatwe	24-50	Manga Luforte	23-31	8
Mungassa	23-40	Marrocanhe	30-42	9
Inhamizua	19-45	Nhangau	18-36	5
Casa Banana	18-33	Munhava	20-33	6
Ndunda	18-46	Chingussura	40-45	11
Nhamananga	12-20			
Chiverano	20-30			
Mafarinha	13-35			
Total	147-299	Total	131-187	39

In FPP Communities

3457 people receiving treatment for HIV/AIDS

588 Health classes taught in all communities.

25,662 community health class participants

1877 referrals to health clinics or hospital

14,153 bottles of certeza (water sanitizer) distributed

604 bars of soap distributed

8,000 mosquito nets distributed



Salaries and Compensations- Monthly

Coordinators	\$450
Director of FPP	
Program Developer of CFL	
Field Officers	\$240
Health Care Facilitators (Community FO)	\$105
Health Care Activists	Incentives from HAI
Family Garden Promoters	\$105
Literacy Facilitators	Incentives given on community Celebration Day
Children's Club Facilitators	Incentives given on community Celebration Day
Community Leaders	Incentives given on community Celebration Day

Partners:

Mozambique Government - Ministry of Health; Ministry of Education; Social Action
United Families International
Reach The Children
Health Alliance International
LDS Church
Perfect Moment Foundation
Esperança

Additional Support to Care For Life

Interns:

Dr. Paul English - Health/Nutrition - 2 weeks

Meliana Letham - Health/Nutrition - 10 weeks

Aaron Harper - IT - 9 weeks

Talmadge and Anita Eyre - Follow-up study of Mungassa - 8 weeks

HELP Volunteer Teams. **The main focus of the HELP teams this year was to teach vocational training skills to the kids in the communities where Care for Life is established. 20 volunteers provided the following services:**

English classes - hours 280

Vocational Training: Woodworking to 360 children / 220 hours
 Sewing/weaving 700 children / 540 hours

2 community machessas - 220 hours

CFL community hours - 1260

6 Orphanages - 1200 hours with 250 children

Donations - 140 school kits, 180 hygiene kits, 75 blankets, 12 dozen diapers
underwear for 220 children, clothing for 250 children
\$1500 worth food & supplies

Total service hours in Mozambique - 2460

Volunteer hours - 8 weeks in country - 27,000

Care For Life Administration

Board of Directors

Chairman Steve Samuelian
Cindy Packard
Blair Packard
Curtis Christensen
David LeSueur
Craig Christensen
Daryl Hobson
Bradley McBride

Care For Life Officers

President

Linda Harper

Executive Director Moz Operations

Randall Voss

U.S. Operations

Ruthanne Van Wagoner

Program Development Director

Joao Bueno

Mozambique National Director

Solomon Malidadi

Marketing/Communications

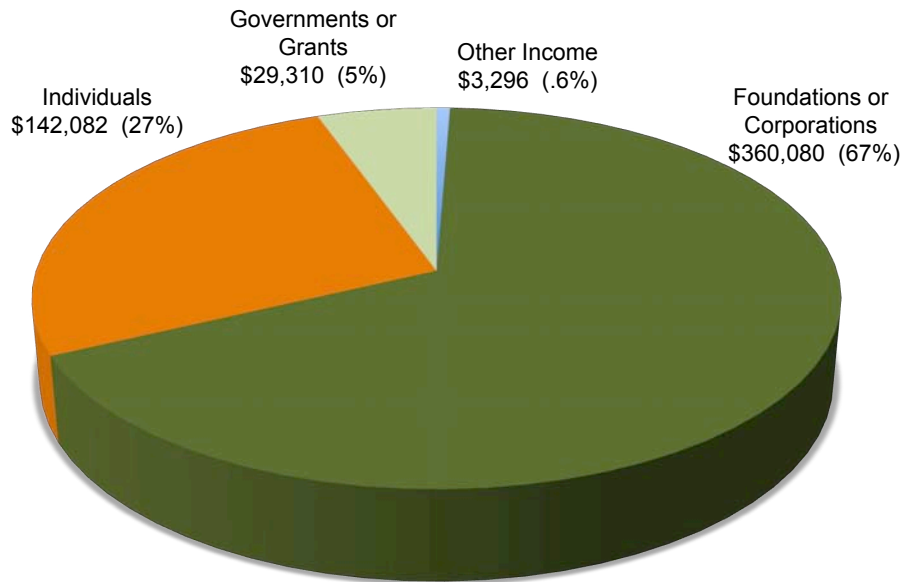
Bradley McBride

US Advisory Board

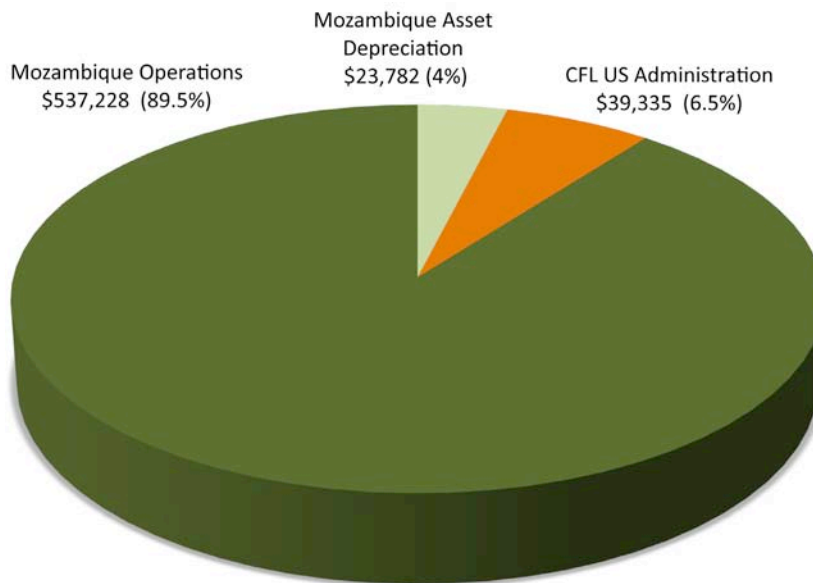
Paul English
Curtis Keller
Julie Peterson
Todd Harper
Jason Coverson



CFL Income by Donor Type - 2009



CFL Expenses - 2009



Care For Life Receives donations from individuals, corporate and organizational donors, as well as through government and organizational grants. The greatest extent of these funds are used directly for projects and program activities in Mozambique, Arica. Funding primarily supports Mozambique Administration and our major programs which consist of the Family Preservation Program and the Learning Center. Volunteer donations of time continue to keep US Administrative costs to a minimum.

STATEMENT OF FINANCIAL POSITION

December 31, 2009

Current Assets

Cash & Cash Equivalents	197,978.22
Investments	0.00

Total **197,978.22**

Property & Equipment

Computers, equipment & furniture	44,373.37
Building & Land	131,567.47
Vehicles	117,581.30
Less accumulated depreciation	(156,771.00)

Total **136,751.14**

Net Assets

Unrestricted
Restricted



STATEMENT OF ACTIVITIES

December 31, 2009

	Unrestricted	Temp. Restricted
Unrestricted Net Assets Support		
Contributions	498,452.00	
Grant		29,310.00
Special events, net program income	7,007.00	
Gain/Loss on sale of investment	4,028.00	
Net Assets released from restrictions	59,663.00	-59,663.00
Interest Income & other income	25,092.00	
Total Support	594,242.00	-30,353.00
Total Expenses	625,439.00	
Increase in Unrestricted Net Assets	-31,197.00	-30,353.00
Unrestricted Net Assets, beginning of year	263,452.00	131,281.00
Total	232,255.00	100,928.00

